

**PCIT Basic Initial Training with Oklahoma Training Team**  
**All Times Listed in CST\***

**Day 1: Introduction to PCIT**

<b>Time</b>	<b>Activities</b>
9:00 am – 9:45 am	Introduction to Training and PCIT
9:45 am – 10:45 am	Relationship Enhancement Skills (CDI)
10:45 am – 11:00 am	BREAK
11:00 am – 12:15 pm	Introduction to DPICS
12:15 pm – 1:30 pm	LUNCH
1:30 pm – 1:45 pm	DPICS/CDI Application and Practice
1:45 pm – 2:30 pm	Skills, Coding, and Coaching—Live Practice of CDI Skills
2:30 pm – 2:45 pm	BREAK
2:45 pm – 3:45 pm	Skills Modeling – CDI Coach Exemplar
3:45 pm – 4:45 pm	Skills, Coding, and Coaching—Live Practice of CDI Skills
4:45 pm – 5:00 pm	Wrap-Up and Homework

**Day 2: Introduction to CDI**

<b>Time</b>	<b>Activities</b>
9:00 am – 9:15 am	Announcements and Homework Review
9:15 am – 10:00 am	Coding Practice
10: 00 am – 10:15 am	BREAK
10:15 am – 11:00 am	Coding Practice
11:00 am – 12:00 pm	Introduction to Coaching
12:00 pm – 1:15 pm	LUNCH
1:15 pm – 1:30 pm	Coaching Application
1:30 pm – 2:15 pm	Coaching Practice
2:15 pm – 2:30 pm	BREAK
2:30 pm – 3:00 pm	Session Walk-Through
3:00 pm – 4:30 pm	Mock Session 1 and 2
4:30 pm – 5:00 pm	Wrap-Up and Homework

Please note this is a sample agenda based on a 4-day initial and 3-day follow-up. Topics and structure may vary slightly from cohort to cohort.

### **Day 3: Coaching CDI**

<b>Time</b>	<b>Activities</b>
9:00 am – 9:15 am	Announcements
9:15 am – 10:00 am	Homework Review and Coding Practice
10:00 am – 10:15 am	BREAK
10:15 am – 11:15 am	Coaching Challenges
11:15 am – 12:15 pm	CDI Coaching Role-Play
12:15 pm – 1:30 pm	LUNCH
1:30 pm – 2:20 pm	Coding Practice
2:20 pm – 2:30 pm	Prepare for Mock Sessions
2:30 pm - 2:45 pm	BREAK
2:45 pm – 4:15 pm	Mock Sessions 3 and 4
4:15 pm – 4:45 pm	Frequently Asked Questions (CDI)
4:45 pm – 5:00 pm	Wrap-Up and Homework

### **Day 4: Introduction to PDI**

<b>Time</b>	<b>Activities</b>
9:00 am – 9:45 am	Announcements; Review Homework, & Coding Practice
9:45 am – 10:45 am	10/10/10s Competency Check
10:45 am – 11:00 am	BREAK
11:00 am – 12:00 pm	PDI Overview
12:00 pm – 1:15 pm	LUNCH
1:15 pm – 2:30 pm	Addressing Concerns: Time-Out
2:30 pm – 2:45 pm	BREAK
2:45 pm – 3:30 pm	Beginning a PCIT Case
3:30 pm – 4:15 pm	Next Steps
4:15 pm – 5:00 pm	Wrap-Up/Wheel of Fortune

*\*Please note times are approximate and subject to change*

### **Homework Assignments**

<b>Day</b>	<b>Assignment</b>
Monday	Review CDI-T (pp. 17-32), CDI-1 (pp. 33-40), and CDI-2 (pp. 41-47) Session Outlines
Tuesday	DPICS Review Quizzes 1-3; CDI-3 (pp. 49-55) and CDI-4 (pp. 57-63) Session Outlines
Wednesday	DPICS Review Quizzes 4-6
Thursday	Review Pre-DPICS Video (within 2 weeks); Begin Consultation and Cases

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**PCIT Basic Training Follow-Up with Oklahoma Training Team**  
**All Times Listed in CST\***

**Day 1**

<b>Time</b>	<b>Activities</b>
9:00 am – 9:30 am	Welcome and Agenda Overview
9:30 am – 10:15 am	PCIT Jeopardy
10:15 am – 10:30 am	BREAK
10:30 am – 11:10 am	DPICS Coding Practice
11:10 am – 12:15 pm	Refresher of Phase 2: PDI
12:15 pm – 1:30 pm	LUNCH
1:30 pm – 2:30 pm	PDI Blitz and Working the Flowchart
2:30 pm – 2:45 pm	BREAK
2:45 pm – 3:00 pm	CDI Coaching Expectations Review
3:00 pm – 4:00 pm	CDI Coaching Practice
4:00 pm – 4:45 pm	Wrap-Up/Coding

**Day 2**

<b>Time</b>	<b>Activities</b>
9:00 am – 10:00 am	Research in PCIT
10:00 am – 11:00 am	PDI Coding Practice
11:00 am – 11:15 am	BREAK
11:15 am – 12:15 pm	PDI Coaching Challenges
12:15 pm – 1:30 pm	LUNCH
1:30 pm – 2:30 pm	Later Stages of PDI
2:30 pm – 3:30 pm	Review a PDI Coach 1
3:30 pm – 3:45 pm	BREAK
3:45 pm – 4:45 pm	CDI Coaching Practice
4:45 pm – 5:00 pm	Wrap-Up/Coding

Please note this is a sample agenda based on a 4-day initial and 3-day follow-up. Topics and structure may vary slightly from cohort to cohort.

### **Day 3**

<b>Time</b>	<b>Activities</b>
9:00 am – 10:00 am	Treatment Fidelity
10:00 am – 10:45 am	Demonstration of PDI Check-Off Skills
10:45 am – 12:15 pm	Role-Play PDI Check-Off Skills
12:15 pm – 1:15 pm	LUNCH
1:15 pm – 1:45 PM	PDI Coaching Demonstration
1:45 pm – 3:15 pm	PDI Coaching Practice
3:15 pm – 3:30 pm	BREAK
3:30 pm – 5:00 pm	PCIT Quiz/Wrap-Up

*\*Please note all training times are approximate and subject to change*

### **Homework Assignments**

<b>Day</b>	<b>Assignment</b>
Wednesday	Memorize the PDI sequence/time-out flowchart
Thursday	Prepare for PDI check-offs
Friday	Continue cases and consultation

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